

Base Camping Checklist©

SHELTER & SLEEPING

- Tent
- Ground cloth
- Canopy or tarp
- Sleeping bag
- Pillow
- Therma-Rest or sleeping pad
- Tent & sleeping pad repair kit

FOOD/KITCHEN

- Meals for # of days
- Cooler or Ice chest (try small amt of dry ice)
- Cook Stove (tested before packed)
- Fuel & fuel funnel
- Cup (plastic holds heat better than metal)
- Pot lifter or pot holder
- Water boiling pot w/lid
- Cooking pot w/lid
- Utensils (knife, fork, spoon)
- Charcoal (garbage bag to keep moisture out)
- Charcoal lighter or Chimney Starter (greener)
- Fire starting kit (matches, fire eggs, lighter wood.)
- Plastic wrap
- Scrubbing pad
- Nalgene bottles not made of bisphenol-A (BPA)
- Snacks
- Aluminum foil
- Paper towels
- Tongs for BBQing
- Can opener
- Eating bowl (plastic holds heat better)
- Pot holder
- Zip Locks for left overs
- Condiment kit (salt, pepper, sugar, coffee, etc)
- Dish towel
- Sponge
- Dish soap
- Hot pot for water or coffee
- Garbage bags

MISCELLANEOUS

- Fan
- Hiking Hammock
- Camera, check/charge batteries
- Flashlight or headlamp w/extra batteries
- Plastic sheet to sit on & cook on
- 50 ft. polyester or nylon cord
- Pencil & paper
- Binoculars
- Lantern
- Hiking stick
- Small folding chair
- Small Candle Lantern
- Pocket knife or Gerber multi-purpose
- Reading Material
- Extension Cord
- Canoe Seat Backs³
- Large Sponge (to clean out the canoe³)
- Tiny ice chest (for canoe trip³)
- Park Reservation printout
- Fire Wood - Please ask trip leader if you need to contribute fire wood

TOILETRIES (nothing scented please)

- Biodegradable soap
- Wash cloth & towel
- Toothbrush & toothpaste
- Sunscreen
- Toilet paper & trowel
- Body insect repellent
- Deodorant
- Chap stick
- Shampoo & Rinse
- Razor & cream
- Moisturizer

CLOTHING SUGGESTIONS¹

- River sandals/shoes
- Rain gear
- Socks & liners
- Tee shirts
- Sun hat
- Hooded jacket
- Wind breaker
- Flannel & long sleeve shirt
- Underwear
- Camp shoes
- Sleep clothes
- Knit hat for cold nights
- Long underwear
- Shorts
- Gloves
- Bathing suit
- Long pants or Zipper pants
- Bandannas
- Sunglasses
- Robe
- Hiking Boots

EMERGENCY GEAR

- Whistle²
- Identification²
- Compass
- Medications
- First Aid Kit²
- Map
- Quarters and calling card (pay phone)
- Coastguard approved Personal Floatation Device³
- Squirt guns for defense³
- Sewing kit

1 Obviously plan your clothing according to the forecast. Host Leader decides if event is called due to inclement weather

2 Required on all Wilderness Trekker Events!

3 This is pertinent only if you are planning on canoeing. Everything should be secured to canoe before getting on the river. Use Dry Bags or 5-gal plastic buckets for everything that must stay dry

+ Out of consideration to others seeking the enjoyment of a wilderness experience, please keep noise low and clothing and equipment in low impact colors

Revised - 6/14/2008