

## Backcountry Canoe Camping Check List©

*This is just a "suggestion" list; trust us, we have never brought everything on it.*

*Much will depend on your weather forecast. Use your good judgment.*

**EVERYTHING** that won't float should be secured to your boat before getting on river. Everything that cannot get wet needs to be containerized in dry bags or 5 gal. plastic buckets

### SHELTER

- tent
- ground cloth
- sleeping pad
- sleeping bag
- plastic bag for river sandals
- rain cover for campsite in inclement weather
- tent & sleeping pad repair kit

### FOOD/KITCHEN

- Backpacking stove
- fuel
- dinnerware: cup, plate, bowl
- pot lifter or pot holder
- water boiling pot w/lid
- cooking pot w/lid
- utensils (knife, fork, spoon)
- water (at least 1 gal/person/day)
- water purifications kit (tabs or filter) for backup
- fire starting kit (matches, fire eggs, lighter wood.)
- garbage bag (pack it *out*)
- 1/4 scrubber pad & biodegradable detergent
- Nalgene bottles not made of bisphenol A
- snacks
- freeze dried or dehydrated meals
- paper towels
- backpackers grill
- can opener
- water carrier
- coffee pot
- portable table
- condiment kit (salt, pepper, sugar, coffee, etc)

### MISCELLANEOUS

- Boat seat backs
- Lg. sponge and/or Bailer
- Hiking Hammock
- Camera (please share photos)
- Flashlight w/extra batteries
- Plastic sheet to sit on & cook on
- 50 ft. polyester or nylon cord
- Pencil & paper
- Binoculars
- Lantern or headlamp
- Therma rest/camp chairs
- sewing kit
- Sunshower (for a warm shower at the end of the day)
- Fishing gear
- Nose Clips

### TOILETRIES (nothing scented please)

- biodegradable soap
- wash cloth & pack towel
- toothbrush & toothpaste
- sunscreen
- toilet paper & trowel
- body insect repellent
- deodorant
- moist towelettes

### CLOTHING SUGGESTIONS

- river sandals/shoes
  - rain gear
  - socks
  - tee shirts (synthetic is best)
  - sun hat
  - wool/fleece layer
  - hooded jacket/wind breaker
  - long sleeve shirt
  - underwear
  - camp shoes
  - sleep clothes
  - knit hat
  - long underwear
  - shorts
  - gloves
  - bathing suit
  - long pants
  - bandannas
  - sunglasses
- +Please ask trip leader if you need to contribute fire wood.

### EMERGENCY GEAR

- \*Coastguard approved personal flotation device
- \*Whistle (required by Coastguard)
- medications
- \*First Aid kit
- \*Identification
- map
- compass
- rescue rope
- extra paddle
- space blanket

### \*REQUIRED ON ALL WILDERNESS TREKKER PADDLING EVENTS

+Out of consideration to others out to enjoy the wilderness, please keep clothing and equipment in *low impact colors*.